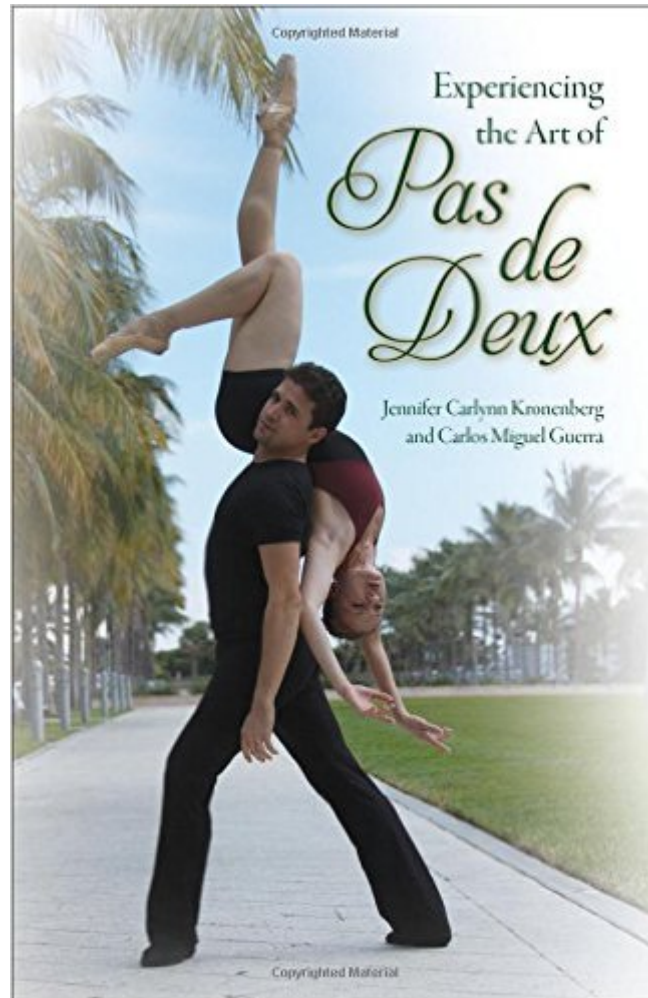


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# Experiencing The Art Of Pas De Deux



## Synopsis

“An insightful read from one of the ballet world’s most beloved married couples!” Melinda Roy, former principal dancer, New York City Ballet “Wonderfully complete and instructive, written by two artists who have lived what they write about and are sharing their life experience from a deep and very human viewpoint. Bravo!” Donald Mahler, former director, Metropolitan Opera Ballet “Perfect for inspiring dancers who want to learn more about the art of partnering.” Lauren Jonas, cofounder and artistic director, Diablo Ballet “An effective and lively resource to add to a dancer and teacher’s partnering skills toolkit.” Dean Speer, author of *On Technique* Traditionally, the pas de deux was designed as an interlude during longer ballets and showcased a ballerina’s skills. The male was a guide to her movements and steps, an unwavering extension of the ballerina. Today the pas de deux occupies a central role in dances and the reliance on a male’s strength has given way to endless modifications. Respect, patience, intuition, and awareness are just as significant as technique and the best partners communicate through breath, eye contact, and musical cues. In *Experiencing the Art of Pas de Deux*, professional dance couple Jennifer Carlynn Kronenberg and Carlos Miguel Guerra demystify the physical, emotional, and artistic intricacies that allow two to dance as one. They examine key components often overlooked in classes and textbooks, such as how to build and maintain the connections necessary for a trusting and successful team. Illuminating pas de deux work from both male and female perspectives, they detail the specific responsibilities of each partner. Step-by-step instructions are provided for proper posture, lifts, promenades, turns, and even dance conditioning and QR code accessible videos provide brief demonstrations of new and complex movements. Each chapter also includes personal anecdotes, offering a rare and intimate look at how partners can support one another and discover the inner workings of the finest and most memorable dances.

## Book Information

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